



# JOURNEY 6 TRIP 8

## Playdough Recipe

Make a super soft, long-lasting dough using common cooking ingredients.

### Ingredients

- 2 cups all-purpose flour
- $\frac{3}{4}$  cup salt
- 4 tsp cream of tartar
- 2 cups warm water
- 2 Tbsp vegetable oil (or coconut oil)
- Liquid or gel food colouring

### Instructions

1. **Mix Dry Ingredients:** In a large pot, stir together the flour, salt, and cream of tartar.
2. **Add Wet Ingredients:** Add the water and vegetable oil. (If you are only making one colour, add a few drops of food colouring now.)
3. **Cook the Dough:** Place the pot over medium heat and stir continuously. The mixture will look runny at first but will quickly thicken (about 3-5 minutes) and pull away from the sides, forming a dough ball.
4. **Knead & Store:** Remove the dough from the heat and place it on a piece of wax paper or a clean plate. Once it is cool enough to touch, knead it with your hands until it becomes smooth and pliable.

### For multiple colours

If you want to make multiple colours from one batch of dough, after cooking, divide the warm dough into separate plastic bags then add the food colouring to each. Knead the dye inside the bag to prevent it from staining your hands.

### Storing Your Playdough

To keep your homemade playdough soft and pliable for months, store it in airtight glass jars, airtight plastic containers, or sealed zip-top bags. Always store it in a cool, dry place to prevent the dough from drying out or moulding.